## THE FOWER BAGE

## The Tower of Bagel Allergen Information Sheet Date: 01/8/2023

There may be traces of seeds in all non seeded varieties

Variety	Ingredients	Note
Beetroot and cumin	organic wheat flour, water, sugar, salt, malt barley, beetroot, yeast, cumin	Please note cumin
Black olive	<b>organic wheat flour</b> , water, kalamata olives, sugar, salt, malt barley, yeast	
Black pepper	<b>organic wheat flour,</b> water, sugar, salt, malt barley, yeast, black pepper	
Jalapeno	organic wheat flour, water, jalapeno, sugar, salt, malt barley, yeast	
Plain	<b>organic wheat flour</b> , water, sugar, salt, malt barley, yeast	
Plain seeded	<b>organic wheat flour</b> , water, sugar, salt, malt barley, yeast, <b>poppy seeds</b>	Please note seeds
Onion	<b>organic wheat flour</b> , water, dried onion, sugar, salt, malt barley, yeast	
Onion seeded	organic wheat flour, water, dried onion, sugar, salt, malt barley, yeast, poppy seeds	Please note seeds
Tumeric and cumin	<b>organic wheat flour,</b> water, sugar, salt, malt barley, <b>tumeric</b> , yeast, and <b>cumin</b>	Please note tumeric and cumin